

@causleytrust



WINTER WARMER POETRY RETREAT

3rd - 5th February 2023

With award-winning poets Katrina
Naomi and Fiona Benson at Trevadlock
Manor

causleytrust.org

*Manor
Country*

Join poets Katrina Naomi and Fiona Benson and develop your poetry at our residential weekend at the beautiful Trevadlock Manor, (pictured below) in the heart of the Cornish countryside near Launceston.



Enquire at info@causleytrust.org

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A NOTE FROM DOLLY AND DAVID SCOTT AT TREVADLOCK MANOR

We are looking forward to welcoming guests to our workshop weekend with the Causley Trust. Having lived at Trevadlock since 2016 we find it a very special place, situated in the lea of the moor the scene is set with stunning views to Bodmin Moor and Hawks Tor. The light is magical and constantly changing creating a wonderful atmospheric and inspirational environment. In 2017 Bodmin Moor was designated an international dark sky landscape in an area of outstanding natural beauty which highlights the unique location. Trevadlock is a rural hamlet with a working farm close by in the delightful Lynher Valley. We have just over 20 acres to explore with special corners and a running river which we are looking forward to sharing with you. We hope that you will be inspired by the tranquillity and joy that Trevadlock provides. We were not only drawn to the wonderful setting of Trevadlock but the house itself embraced us. The house has seen many changes since it was first recorded in 1238. It has always been involved in agriculture and only more latterly in the 20th century known as Trevadlock Manor. Internally, the layout of rooms and staircases have seen many changes which create the delightful long room of today. You can see various changes to the building by looking at the front elevation from the road: doorways moved, porches created, and windows altered. It now provides a comfortable and spacious environment perfect for creativity.

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ABOUT OUR WORKSHOP LEADERS



Katrina Naomi is the winner of the 2021 Keats-Shelley Prize and her most recent collection, *Wild Persistence*, (Seren, 2020), received an Authors' Foundation award from the Society of Authors. Her collection, *The Way the Crocodile Taught Me* (Seren, 2016) was a #FoylesFiveForPoetry and received an Arts Council award. Katrina's poetry has appeared on Poems on the Underground and BBC Radio 4's Front Row, and in The TLS, The Poetry Review and Modern Poetry in Translation. Katrina lives in Cornwall and recently worked with the Causley Trust at our Festival of Arts and Literature.

Fiona Benson won the Forward Prize for Best Collection in 2019 for *Vertigo & Ghost* (Cape). Her first collection *Bright Travellers* (Cape, 2014) won the 2015 Seamus Heaney Centre Prize for a First Full Collection and the 2015 Geoffrey Faber Memorial Prize. Fiona is shortlisted for the 2022 T.S.Eliot Prize for her latest book *Ephemeron* (Cape Poetry). This follows two prior shortlistings for this award.



Image: Jessica Farmer

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Martha Causley

THE LOCATION

Trevadlock Manor lies in the middle of farmland leading to a private bank of the river Lynher in a truly unspoilt part of Cornwall on the edge of Bodmin Moor and Launceston. The peace and tranquillity of this setting makes it a perfect base for reflection and exploration; a quiet spot for you to immerse in your own creativity.

Return from a workshop session, or an outing in Trevadlock's grounds, and begin to write surrounded by sumptuous green hills or beside a fireplace in your cottage.



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THE WORKSHOP

Join Katrina & Fiona for a nurturing writing weekend in beautiful east Cornwall, to warm you through the last dregs of winter and inspire you for the coming months of spring.

Workshop sessions will focus on equipping you with tools to nourish, motivate and inspire your inner writer. You will engage in creative play, use both personal and more general research, adopt new poetic techniques to refresh your poetry, take meditative group walks and find ways to flip your creative switch to 'on'. You will also think about author self-care – how to stay grounded in the face of social media and all the other aggravations of a writer's world.

You will write poems of endurance, exploring winter rituals and the myths of returning spring; and poems of resilience, finding how to use our voice in the face of inequality and political transgression.

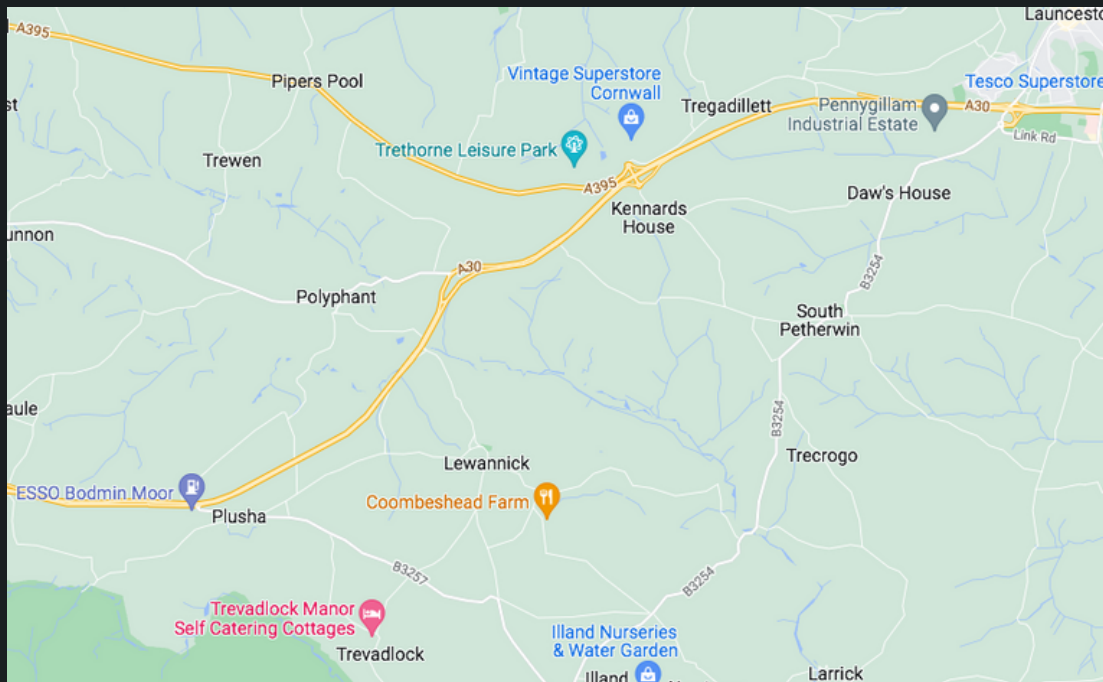
You will also have the opportunity to discuss your work one on one with both Fiona and Katrina.

We will ask all participating poets to bring a favourite poem of endurance/survival.

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*Martha
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DIRECTIONS TO TREVADLOCK MANOR BY CAR



Take the A30 from Exeter towards and past Okehampton, and then continue towards Bodmin. Keep going beyond Launceston for approximately 6 miles until the left turning for Callington/B3257 (large sign beside BP Bodmin Moor Garage). Keep on the 'Callington' road, through the hamlet of Plusha, and continue on this road past the Lewannick sign on the left and the first sign on the right Trevadlock / North Hill (approx. 1mile). Please don't turn off here!

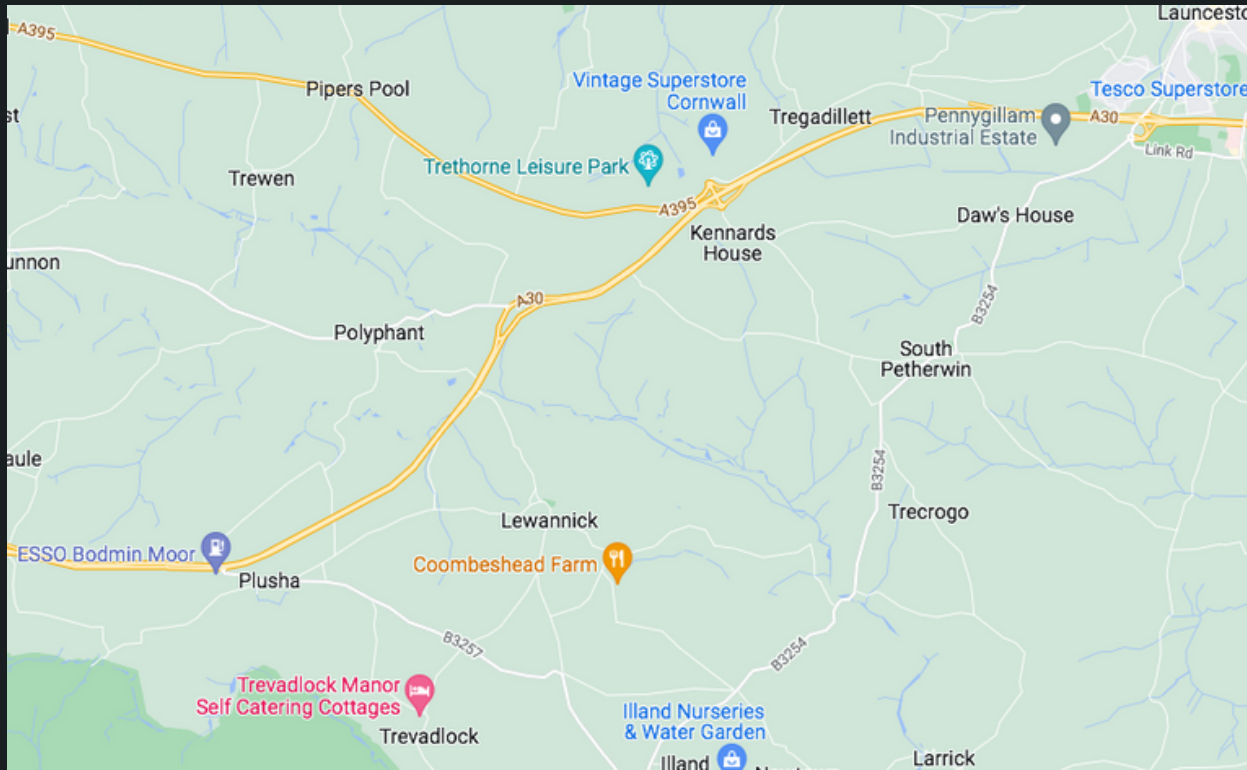
Continue for half a mile until the 2nd sign: North Hill 2½ Trevadlock ½ and turn right. Go down the hill, past Trevadlock Farm on the right to a T-junction. Here you'll see the house: Trevadlock Manor in front of you. Turn right and then turn into the 2nd gate on the left, and drive up the shingle path into the large car park for the cottages.

Please note: The above directions are more reliable than a SatNav which will only guide you to Trevadlock village, as all properties share the same postcode. Also it may not take you on the simplest route.

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DIRECTIONS TO TREVADLOCK MANOR BY RAIL



Inter City: London Paddington – Liskeard (approx. 3½ hours). Liskeard train station is 10 miles from Trevadlock and the car journey takes a little under 30 mins.

Or for a shorter train journey Paddington – Exeter St. David's (approx. 2 – 2½ hours depending on train). Exeter is 50 miles from Trevadlock, along the A30 and the car journey takes approx. 40mins. to 1 hour depending on the time of day.
National Train Enquiries No: 08457 484 950, Bookings: 08457 000 1250

Airports

Exeter (50 miles) Tel: 01392 367433, www.exeter-airport.co.uk

Newquay (35 miles) Tel: 01637 860600

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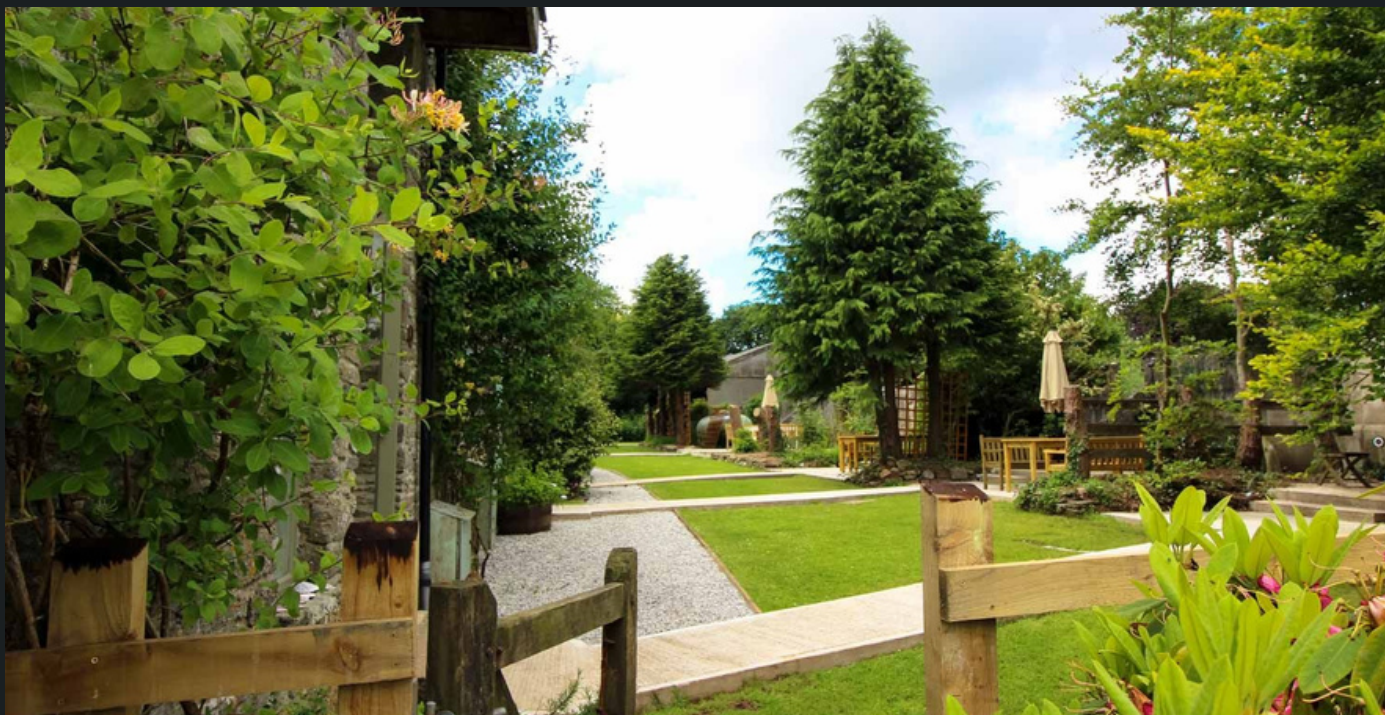
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PRICING

Our workshop weekends are subsidised by the Arts Council as part of our cultural tourism programme. Prices start from £550* for the 2-night stay, fully catered from dinner on Friday night to lunch on Sunday afternoon. If you would like to stay for dinner and overnight on Sunday 5th February, we can add this to your package.

If you are unable to stay at Trevadlock Manor but would love to attend the workshop, we can offer a day attendee package for the weekend - Saturday and Sunday - at £300.*

*We require a 50% deposit at the point of booking. If not received, we will offer the space to someone else. See the next two pages for a more detailed breakdown of our packages.



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RESIDENTIAL ATTENDEE - from £550

Package breakdown

- Tutoring and creative writing sessions from renowned poets Katrina Naomi and Fiona Benson across the weekend
- Private dinner on Friday 3rd February with Katrina and Fiona
- Accommodation and catering (breakfast, morning coffee, lunch, afternoon tea and dinner) at Trevadlock Manor from the evening of Friday 3rd February to the afternoon of Sunday 5th February

If you would like to stay for dinner and overnight at Trevadlock Manor on Sunday 5th February, we can add this to your package for £125.



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DAY ATTENDEE - at £300

Package breakdown

- Tutoring and creative writing sessions from renowned poets Katrina Naomi and Fiona Benson across the weekend
- Morning coffee, lunch and afternoon tea on Saturday 4th and Sunday 5th February



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*Martha
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COTTAGE AMENITIES

You will be staying in one of Trevadlock Manor's beautiful cottages during the weekend. See www.trevadlockmanor.co.uk/ for cottage-specific information.

All cottages include:

- Crisp cotton bedlinen, snug duvets and plump pillows
- Bath sheets, hand towels and bath mats
- Hairdryer
- Heating programmed for your arrival
- Superfast broadband
- Smart TV with DVD Player
- Barbecue and outside furniture
- Bike Storage by arrangement
- Ample illuminated off road parking

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IMPORTANT THINGS TO NOTE

DIETARY REQUIREMENTS:

Please let us know of any dietary requirements that you have by filling out our booking form. Catering during the weekend will follow a home grown theme and we will do our best to provide meals that meet your dietary needs.

ACCESSIBILITY:

Trevadlock Manor is a historic property. Please let us know of any accessibility requirements that you have at the time of booking and we will do all we can to accommodate your requirements.



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ABOUT THE TRUST



The Charles Causley Trust raises the profile and appreciation of Charles Causley's work by championing and encouraging engagement with the arts. We create opportunities for artists, young people and local communities to develop and connect through a programme of festivals, residencies, workshops, competitions and events. We work closely with schools and universities to inspire and nurture the next generation of arts professionals and creatives.

Be first to know about our future workshop weekends, competitions, cultural stays and events by becoming a member of the Causley Trust. Visit causleytrust.org to find out more

For all enquires, please contact us by email at info@causleytrust.org

Follow us [@causleytrust](https://www.instagram.com/causleytrust) on social media to keep up to date with our latest news and cultural packages.

